



CHOCOLATE KALE SMOOTHIE

15 MINUTES

MAKES 1-2 SERVINGS

Looks can be deceiving! This smoothie is packed with goodness - fresh kale, mixed berries, soy milk, and banana make this a tasty yet nutritious treat.

INSTRUCTIONS

Place all ingredients, excluding cereal, in blender and blend on medium speed or smoothie setting until fully combined and smooth.

Top with cereal.

Enjoy!

INGREDIENTS

1 Cup of Frozen Mixed Berries

1 Cup of GoodLeaf Baby Kale

1 Cup of Chocolate Soy Milk

¼ Cup of Cocoa Powder

2 Dates, pitted

½ of a Banana

Chocolate Cereal, optional



Vertically Farmed. Straight-up Good.™