



# MANGO SALAD

30 MINUTES

MAKES 2-4 SERVINGS

*Simple, fresh and refreshing, this salad is perfectly paired with chicken, chickpeas or your favourite seafood.*

## INSTRUCTIONS

In a large bowl, layer all salad ingredients.

In the bowl of a food processor, combine all ingredients, excluding oil, by pulsing on medium speed.

Turn on to low speed and slowly add oil until fully incorporated.

Drizzle over salad, toss to combine. Serve immediately.

Enjoy!

## INGREDIENTS

### Salad:

1 Package of GoodLeaf Baby Kale

1 Mango, peeled, cored and sliced

½ of a Red Pepper, sliced

1 Avocado, peeled and sliced

### Dressing:

¼ Cup of Soy Sauce

1 Small Nub of Fresh Ginger

1 Clove of Garlic, peeled and crushed

3 Tbsp of Sesame Oil

1 Tbsp of Honey

2 Tbsp of Rice Wine Vinegar

¼ Cup of Neutral Flavoured Oil (ex. Canola)



Vertically Farmed. Straight-up Good.™