



SIMPLE SALAD

30 MINUTES

MAKES 2-3 SERVINGS

The perfect simple salad does exist. Easy to prep ahead for lunches or serve with a protein for dinner. Paired with a sweet and sour balsamic reduction.

INSTRUCTIONS

Place arugula in a large bowl and top with remaining ingredients.

For Dressing:

Whisk together ingredients in a small saucepan. Place over low heat and simmer, whisking occasionally for 10-15 minutes until reduced by half.

Allow to cool completely. Drizzle desired amount over salad and serve immediately or keep separate until ready to serve.

INGREDIENTS

1 Package of GoodLeaf Baby Arugula

1 Cucumber, seeded and diced

1 Avocado, peeled and diced

1 Cup of Cherry Tomatoes, halved

1 Cup of Feta Cheese, cubed

Dressing:

½ Cup of Honey

½ Cup of Balsamic Vinegar

Salt and Pepper, to taste



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